



Ebook Directory
the best source of ebook

The book was found

Inner Asia: A Collection Of Travel Stories From The Indian Subcontinent (India, Nepal, Bhutan, Sri Lanka) - 25 India Travel Stories / India Travelogue





Synopsis

With a history of spawning world religions, the Indian subcontinent has a thirst for the spiritual that runs deep in its collective unconscious. But these traditions are under threat as the might of modernity delivers its transformative blows. With these two conflicting ways of life co-existing in a region of nearly 2 Billion, the Indian subcontinent provides an ideal backdrop for exploring the spiritual and the secular -- how they interact, clash, combine. Inner Asia tell tales, offers travel recommendations and delivers reflections on four countries -- India, Bhutan, Nepal and Sri Lanka -- culled from the author's three years of travel-living throughout the region. The 25 stories in this travel book are told from the vantage point of some of South Asia's most spiritual sites (as well as some commonplace, but not any less interesting, places). From pilgrimage routes in Sri Lanka to mountains monasteries in Bhutan to the banks of the Ganga in India, the reader is invited to explore and celebrate this wild and wonderful part of the world. The stories in this book are a mix of the kind of articles you'd find in a travel magazine or travel guide, personal essays and narratives based on people living in a particular place. Most of the stories are available online on The Mindful Word.

Table of Contents: Introduction
INDIA SYMPHONY OF CACOPHONY Walking the streets of India
LESSONS AT VARANASI Reflecting on life and death in India
It's most sacred city
CLEARLY COMPASSIONATE Seeing the Dalai Lama lights the way to true compassion
TAKING REFUGE IN SERVICE An American doctor committed to the principles of seva
It's selfless service
It assists Tibetan refugees in India
INTERNET WOES The challenge of getting online in India
BANGALORE One foot dangling in the future, one hoof rooted in the past
CHECKMATE Play the game with mindfulness and equanimity
BORDER WALK The tense Indo-Pak border is opening up to a brand of tourism that's unexpectedly calm
THIKSEY MONASTERY Ladakh offers respite from India
It's busyness
SUSTAINABILITY AS SPIRITUAL PRACTICE Volunteer at Sadhana Forest to learn how to live sustainably
OM ARUNACHAL Tiruvannamalai
It's a pilgrimage place for millions
KALARIPAYATTU Experience the awesome acrobatics of this ancient martial art
SHIKARA HO! Hop aboard for a look at the life of Dal Lake
It's boat hawkers
3 PEACOCKS & A MONKEY Meeting sattva and rajas at Ramana
It's ashram
SPIRITUAL WARRIORS Mahabodhi greets tomorrow
It's spiritual leaders
BHUTAN THE LONG ROAD TO HAPPINESS Is Bhutan really the Shangri-La that people think it is?
ACCEPTANCE AND EQUANIMITY A lesson learned from a falling mandarin
TIGER
It's NEST Sublimation and the essence of transformative travel
SOBA RIGPA Good health is all in the mind
SRI LANKA SRI PADA PILGRIMAGE Christmas on Sri Lanka
It's most sacred mountain
KANDYAN DANCES Sri Lanka
It's captivating traditional dance form
SLOW TRAVEL IN SRI LANKA Slow down your

pace to experience the culture of the place
NEPAL PILGRIMAGE OF PEACE
Lumbini, Nepal
the site of the Buddha's birth
TRANSCENDENT BEAUTY
From Pokhara to Sarangkot, Nepal
VILLAGE THERAPY
Learning to live at the pace of "just enough" in Thakurdwara

Book Information

File Size: 3496 KB

Print Length: 83 pages

Simultaneous Device Usage: Unlimited

Publisher: The Mindful Word (July 9, 2017)

Publication Date: July 9, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B073V27KS9

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #986,574 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #49

in Books > Travel > Asia > Sri Lanka #56 in Books > Travel > Asia > Bhutan #91

in Kindle Store > Kindle eBooks > Nonfiction > Travel > Specialty Travel > Religious

[Download to continue reading...](#)

Sri Lanka: Sri Lanka Travel Guide: 101 Coolest Things to Do in Sri Lanka (Sri Lanka Travel, Colombo, Galle, Sri Lanka Holidays, Sri Lanka Safari) Inner Asia: A Collection of Travel Stories from the Indian Subcontinent (India, Nepal, Bhutan, Sri Lanka) - 25 India Travel Stories / India Travelogue Sri Lanka: Sri Lanka Travel Guide: 101 Coolest Things to Do in Sri Lanka (Sri Lanka Travel, Sri Lanka Holidays, Colombo, Kandy, Galle) Field Guide to the Mammals of the Indian Subcontinent: Where to Watch Mammals in India, Nepal, Bhutan, Bangladesh, Sri Lanka, and Pakistan (Natural World) A Photographic Guide to the Birds of India: And the Indian Subcontinent, Including Pakistan, Nepal, Bhutan, Bangladesh, Sri Lanka, and the Maldives (Princeton Field Guides) Sri Lanka Travel Guide - 2017: Essential Sri Lanka guide book (Sri Lanka guide books) Indian Subcontinent: World Travel Map : India Pakistan Bangladesh Sri Lanka (World Travel Maps)

India, Bhutan, Nepal, Bangladesh, Maldives, and Sri Lanka Map (English, French, Italian, German, Russian and Chinese Edition) South Asian Handbook: India, Pakistan, Nepal, Bangladesh, Sri Lanka, Bhutan, the Maldives (Travellers World) India, Nepal, Bhutan, Bangladesh, Sri Lanka Marco Polo Map (Marco Polo Maps) A Photographic Field Guide to the Birds of India, Pakistan, Nepal, Bhutan, Sri Lanka, and Bangladesh Compact Handbook of the Birds of India and Pakistan: Together with Those of Bangladesh, Nepal, Bhutan, and Sri Lanka India, Bangladesh, Nepal, Bhutan, and Sri Lanka (Road Map) (English, French, Italian and German Edition) Mapping South Asia through Contemporary Theatre: Essays on the Theatres of India, Pakistan, Bangladesh, Nepal and Sri Lanka (Studies in International Performance) Top 12 Places to Visit in Sri Lanka - Top 12 Sri Lanka Travel Guide (Includes Sigiriya, Kandy, Yala National Park, Galle, Colombo, & More) Learn Tamil: 300+ Essential Words In Tamil - Learn Words Spoken In Everyday Sri Lanka (Speak Tamil, Sri Lanka, Fluent, Tamil Language): Forget pointless phrases, Improve your vocabulary The Sri Lanka Bucket List The 50 most interesting attractions in Sri Lanka India Handbook 1995: Including Sri Lanka, Bhutan and the Maldives (Trade & Travel Handbooks) Utopia Guide to Asia : the Gay and Lesbian Scene in 16 Countries Including Philippines, Sri Lanka, Mongolia and Nepal Indian Wildlife: Sri Lanka, Nepal (Insight Guides The Great Adventure Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)